

CORE Highlights

"A smooth sea never made a skilled sailor."
— Franklin D. Roosevelt



Discover This Month

In this edition of CORE Highlights, explore useful community resources, upcoming CCS events, and highlights from our Independent Living and In-Home Respite services. Whether you're dipping your toes into something new or riding the wave of your routine, May is a great time to stay connected with us.

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English Newsletter Audio:
Click the button or scan
the QR code.



Free Comic Book Day
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Upcoming Cooking Classes
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Meet Augustus
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Community Resources

Explore resources and events to stay connected and supported in our Ventura County community! Interested in any of these resources? Click the buttons or scan the QR codes to learn more.



California State Parks Free Pass Program

Ongoing

Location: Borrow from Ventura County Library branches

Borrow a free pass from the library for free entry to 200+ California state parks. Beaches included.



[Click Here](#)



Free Comic Book Day

Saturday, May 3, 2025 | Store Hours Vary

Location: Sterling Silver Comics (Camarillo), Arsenal Comics and Games (Ventura), and A Hidden Fortress (Simi Valley)

Get free comic books from Marvel, DC, and more at participating comic book shops in Ventura County.



[Click Here](#)



Findings Market Spring Fair

Saturday, May 10, 2025 | 10:00 AM – 5:00 PM

Location: 27 S. Oak Street, Ventura

Free outdoor fair with over 100 local makers, live music, food, and family-friendly activities. Pet-friendly.



[Click Here](#)



Game On!

Sunday, May 4, 2025 | 11:00 AM – 1:00 PM

Location: Hill Road Library, Ventura

Free board game event with over 35 games to choose from. Bring friends or play solo.



[Click Here](#)



Free Food Assistance

Ongoing

Location: Multiple locations throughout Ventura County










Find free food at local pantries. Scan the QR code or click the button to find the nearest free food near you.



[Click Here](#)

May 2025

Events & Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------|---------|---|----------|--|---|
| | | | | 1 | 2 Sportfishing Expo (Ventura Fairgrounds) 10am-6pm  | 3 Renaissance Fair (Irwindale) 10am-7pm Sportfishing Expo (Ventura Fairgrounds) 10am-6pm |
| 4 Renaissance Fair (Irwindale) 10am-7pm  | 5 | 6 | 7 Cooking Class with Ashley: Tostada Salad 4:30pm-6:30pm  | 8 | 9 | 10 Crafts and Painting (The CCS Office) 12pm-3pm Renaissance Fair (Irwindale) 10am-7pm |
| 11 Renaissance Fair (Irwindale) 10am-7pm  | 12 | 13 | 14 Cooking Class with Dominique: Chicken Quesadilla 4:30pm-6:30pm  | 15 | 16 | 17 Renaissance Fair (Irwindale) 10am-7pm Strawberry Festival (Ventura Fairgrounds) 10am-6pm |
| 18 Renaissance Fair (Irwindale) 10am-7pm  | 19 | 20 | 21 Cooking Class with Fatima: 4 cheese pasta 4:30pm-6:30pm  | 22 | 23 | 24 Gem Show (Ventura Fairgrounds) 10am-5pm Anime Wonder (Ventura Fairgrounds) 12pm-6pm |
| 25 Gem Show (Ventura Fairgrounds) 10am-4pm Anime Wonder (Ventura Fairgrounds) 12pm-6pm | 26 | 27 | 28 Cooking Class: Birthday Celebration with Pizza 4:30pm-6:30pm  | 29 | 30 | 31 Bowling 10am-1pm  |

Sign up for June 2025 Activities!
Scan the QR Code or click the button.



Click Here

April 2025 Moments



Having fun at Universal Studios!



Celebrating Easter with a friends and a BBQ.



Meet Augustus

Hi, my name is Gus and I have been a participant with Coastal Core Services since October 2021.

A few things about me: I love food, especially cheeseburgers, fries, and anything sweet. I manage my diabetes really well by keeping an eye on my blood sugar. I also enjoy watching comedy and action movies, and I like reading books that have adventure and humor.

Fun Facts: I have a really great memory. I can remember things most people forget, like movie scripts. I've also got a great sense of humor and love to make people laugh.

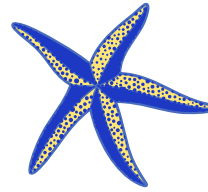
My Favorite Hobbies: Watching movies, dancing, scripting, coloring, playing arcade games, and hanging out with pets. Why? Because it's fun!

What I enjoy most at CCS: Going to arcade places, hiking, and visiting Barnes & Noble.

Something I'm proud of: My mom says I look proud when we do groceries together. I help bag them, carry them in, and put everything away. When I'm done, I gesture that I'm finished and smile.



Mind Benders



[Click Here](#)

Access puzzles online:
Click the button or scan the
QR code.

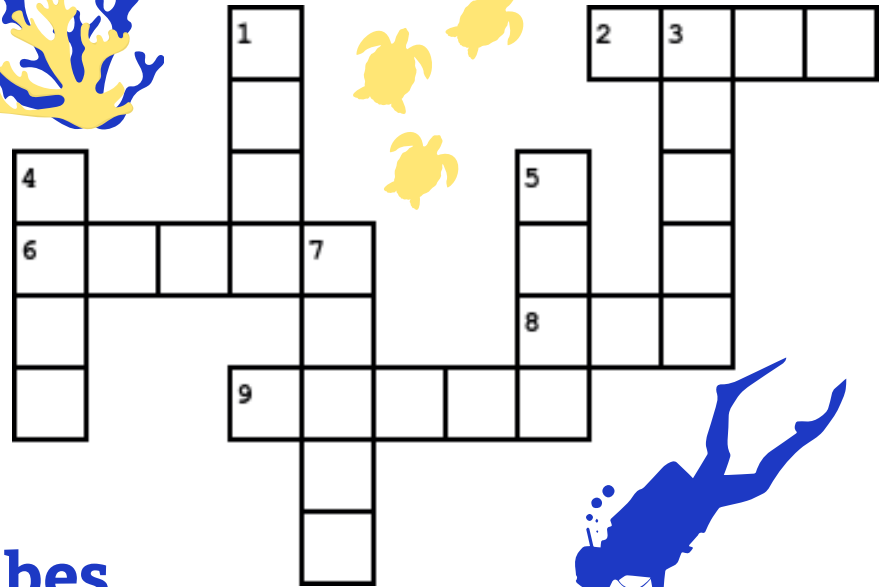
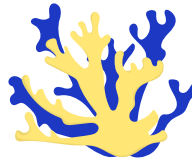
Across

2. You ride this on the water
6. The water that moves up and down
8. It shines and warms the beach
9. Sandy place by the water

Down

1. The water that goes in and out
3. A huge body of salty water
4. What you do in the water for fun
5. A creature that swims in water
7. Hard cover found near the sea

Rolling with the Tide



High Tide, Good Vibes

J A E A Z B W T U L L B D L G E X P C P
S I Q P T F A N B M L R V L G U I X E Z
N F W E F Q T W B E A N W G P Q F N G F
D B Q G V F E L V O A Q M N M O V Y E J
O W W U F C R K D Q A C E L R S R H P S
Y T A Q Q F O A S O D T H L W E B L W E
O U O V F V R H E N T D Q S A N J W Y I
Z H T N E R B I A E C I R Q I J Z R Q C
U C S S U S X D W J O J N V P N W C Y H
V D M I W S Z Q E J A V E Z V N G D X S
M V S H F I O C E K M Y D K E U L B Z A
E S X E X R M G D Y P V D I W X A U K L
L A A D A F A M G W N Q B V L M H B E P
Q L P Q H G C T L L E H S N U M F R U S
P T C D H F U O S N R C F A C X L G Z Y
X J C F J P S L R O F R S E H A V Q Q U
O T P T G A O E L N W Y N C F F U J D D
W Q I C N C G A N I H P L O D O Y L I V
K K C D V L W Z Y R F P B P Q A P S W N
Y I Y U E H S I F T Q Q H O K M C W E L

Word Bank

| | |
|---------|----------|
| OCEAN | FOAM |
| WAVES | SURF |
| BEACH | WATER |
| SHELL | SEAGULL |
| SALT | STARFISH |
| TIDE | DOLPHIN |
| FISH | SWIM |
| BLUE | BOAT |
| SANDY | SPLASH |
| SEAWEED | SUN |

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May 2025



Happy Birthdays and Anniversaries

| | | | |
|--------------------------------|--|--------------------------------------|--------------------------------|
| 2 Letisha Steven | 10 James | 21 Roberto | 28 Maya 2 years |
| 3 Elizabeth 2 years | 11 Nicholas Thomas Mario 13 years | 23 Nichole | 29 Nathan 2 years |
| 5 Briana Jake | 12 Noel | 24 Pranav Victoria 13 years | 30 Julie Sydney 2 years |
| 6 Justin | 14 Gregory Thomas | 25 Jasper 1 year | 31 Anthony Marcus |
| 7 Anthony Jose Mitchell | 18 Joshua | 26 Naomi Stone Chiaki 3 years | |
| 8 Dominique 8 years | 19 Jennifer Michael | 27 Arturo | |



Monthly Jokes

Q: Why don't fish play basketball?

A: They're afraid of the net!

Q: How do you know the ocean is friendly?

A: It waves!

Q: What did the banana say to the dog?

A: Nothing, bananas can't talk!

Got a story, photo, or event? Share it with us!

Email us at:

CoastalCoreServices@NewslettersOnline.org

**Together, we make
this newsletter
awesome!**